

# Breakaway Horse Riders Club Inc.

Po Box 5957, Mackay Mail Centre, QLD 4741  
Newsletter Email Contact: kara\_duff\_87@hotmail.com

## Minutes From the Meeting

- Charity Ride event discussed regarding flyer and items that need to be organized
- Sub-committee meeting held in preparation for the upcoming Koumala Endurance Ride

## Australian Endurance Riders Association Rule Book

This months snip it: **A11 Ride Committee Responsibilities**

**11.1** A ride committee is authorized by the Division State Management Committee to prepare and conduct an affiliated event in accordance with the AERA Inc. rules, procedures and guidelines, plus all appropriate Division regulations

**11.2** A ride committee that wishes to affiliate an event must do so in writing to the Division State Management Committee Secretary. The manner of the affiliation request and any affiliation fee amount will be determined by each State Management Committee.

## ATHRA Rule Book

This months snip it: **11 ATHRA Accreditation Training Program (continued)**

### 11.6 Participant Requirements

- Minimum age of 18 years and current ATHRA membership.
- Experienced in horsemanship and trail horse riding
- Demonstrated good communication and leadership qualities
- Current first aid certificate (currently not mandatory)



### 2015 Committee

**President:**

Kath Ryan 0488 301 083

**Vice President:**

Kara Duff 0407158406

**Secretary:**

Roxanne Aprile 0408 712 851

**Treasurer:**

Jo Ryan

**Publicity/Newsletter:**

Kara Duff 0407 158 406

**Endurance Sec:**

Jo Davis 0467 255 833

### Calendar of Events

- **Next Meeting: 7:30pm, 5th May 2015, Harrup Park Country Club**
- 2nd—3rd May—Koumala Endurance Ride
- 23rd May—Charity Ride

## Notice Board

### Team Penning

Next team penning event is being held in 2015.

Watch This Space for Upcoming Dates!



If anyone has any questions about Team Penning, can offer some assistance or want to have a go, please contact Merrilyn Green.  
Ph.: 0459 343 995



## Harrup Park Country Club

• AFFILIATED CLUB •

Members of Breakaway can view all upcoming events happening at Harrup Park via their website. Just click on the tab below for all the details

[“What’s On”](#)

[www.harruppark.com.au](http://www.harruppark.com.au)

## 2015 Men of Breakaway Profiles

### Mr April!

**Name:** Noel Cowan

**Job:** Running an Outdoor Training Program (helping families one person at a time)

**My Favourite Band/Artist:** Slim Dusty

**A Song that means a lot to me:** Amazing Grace

**My Ultimate Holiday is:** Travelling the outback

**The best advice I’ve ever received:** Don’t count your chickens before they hatch

**Three people (dead or alive) I’d like to have dinner with:** My mum, dad (deceased), my wife

**If I was a cartoon character, I would be:** Road Runner

**My pet peeve:** People who are late

**I love people who:** have integrity

**My ultimate meal is:** Sandra’s Corn beef and hot sauce sandwiches

**Weirdest thing ever eaten:** Emu cooked bush style



## Classifieds

- Molendinar Mike Equine Equipment – Design, manufacture and supply of specialized equine equipment including portable panels. Supporters of Breakaway Horse Riders Club Inc. <http://www.c-design.com.au/fencing.html>
- [www.ancajealstockhorses.com](http://www.ancajealstockhorses.com)



For all your feed needs:

[www.hygain.com.au](http://www.hygain.com.au)



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Len Putney

1 Tudor Court, Ooralea Q 4740

0477 616 236

[mtpelisa@bigpond.net.au](mailto:mtpelisa@bigpond.net.au)

### Please Note

Ads will be run for 2 publications before being removed.

If you would like your ads to continue to run, please let me know :

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0407 158 406

## Ever Wanted to try Endurance?

### Reference

Article by Roxanne Aprile

Yesterday I sent everyone an email about our upcoming Endurance Ride at Koumala on May 2/3. It occurred to me that many of you have not experienced it before. From a complete novice's point of view, I'd say consider going to do a 20km ride. You will love it and find out that Endurance is very different to trail riding. For what it's worth this has been my experience.

I did my first ride years ago, a 20km with Vicki Crowley at Wandoo. I rode her at time spooky stockhorse and she rode her quarter horse mare, who was intent on double barrelling my horse if she could - very marey! I rode in a stock saddle and my daggy tracky dacks and a jumper. Vicki was probably better dressed than me & she had a half breed saddle. You see, we had normal everyday gear - nothing special.

We took their temps for 3 days before the ride - a requirement. Endurance is all about the welfare of the horse and to tell you the truth I learnt alot about his welfare and the way he 'works'. Also took his respiration rate & pulse. We bundled them onto Vicki's float and made it for pre-ride vetting, where these things were checked again. Lordy was a nervous horse so we vetted them together and his heart rate went down. We had the pre-ride talk around the camp fire that night and were not at all worried that we would get lost. We knew which colour arrows to follow along the track and knew there were radio people at checkpoints along the way. As we passed them, we called out our bib numbers and they relayed it back to base. They knew where we were all the time. So most of the time we rode off together, by ourselves and it was fun.

We trotted, cantered, walked, gossiped, stopped for a wee ourselves and let the horses eat and drink along the track to keep their gut sounds ticking along as normal. We timed our finish so that their heart rates were low and we came in after the minimum time for the ride. After we crossed the finish line we gave the horses a sponge down, a drink of molasses water etc and took them for another vetting half an hour later. Here they were again checked for Temp, Pulse & Respiration Rate (TPR) & the vet checked the vital signs for lameness. We lead them trotting around a circuit... They were fine & everyone was very friendly and helpful. The best part was not where we crossed in terms of the other riders, it was that we did the ride and managed the horses and they did not vet out at the end. We had our paddock nags checked twice by a vet - much more that you would usually have done and all was good.

I do have a picture of us on that ride....and the best thing about it is the smile on our faces. WE loved it. I didn't do another Endurance event until last year's junior program at Koumala - same deal. It was really fun. I did buy an \$8 digital thermometer from the Chemist Warehouse and have made sure that it doesn't find its way into our family medicine box - especially when there's man flu in the house.

So there you have it...the insights of an amateur bush bashing trail rider. We have a great opportunity to ride the track that has been so well marked out at Koumala. Its pretty. So give it a thought. Nominate to Jo Davis on 0467255833 or email her on [joanne.davis76@yahoo.com](mailto:joanne.davis76@yahoo.com) You'll love it and you will also get the chance to see experienced Endurance Riders in action and appreciate how well they prepare and manage their horses for the much longer rides. Got to take your hat off to them.

Thinking about going for a look now? Don't - nominate for a 20k and take your horse along, you'll regret not riding otherwise. Just sayin...



For more information on trail riding, code of conduct, events or have questions about the sport, please feel free to call us or visit the ATHRA website:

[www.athra.com.au](http://www.athra.com.au)



<http://www.qldendurance.asn.au/>

**Queensland Endurance**  
Riders Association Inc



Breakaway Horse  
Riders Mackay